14th - 29th September 2019

Autumn Footprints

Walks For Everyone

Amber Valley & Erewash Walking Festival

www.autumnfootprints.co.uk
The Autumn Footprints Festival offers a great choice of 42 free guided walks from 14th – 29th September 2019. Sixteen days of enjoyable walks and informative talks with something for everyone of all abilities.

Set in picturesque Derbyshire, The Autumn Footprints Walking Festival takes place in an area known for its natural beauty and superb scenery. Popular with both novice and experienced walkers wanting to enjoy the beautiful colours of autumn and the area’s fabulous views, undulating countryside, industrial heritage and attractive towns and villages.

Led by knowledgeable local volunteers and staff keen to show off their patch, you will discover a wide variety of walks to explore local heritage, natural history and wildlife. The routes take in walks alongside rivers and canals, as well as through open countryside, towns and villages.

All walks are FREE OF CHARGE. However there may be a parking charge (see symbols on individual walks). Booking is recommended for all the walks and essential for some. We cannot guarantee being able to take you if you do not book in advance. Please contact: Shipley Country Park on 01629 533991 for bookings and further information unless stated otherwise. Visit our website www.autumnfootprints.co.uk for more details.

We would love to hear your thoughts about the walking festival. Please go to our website and enter your feedback on the form on the homepage.

Why not take a break during the Walking Festival?

There are lots of comfortable places to stay from friendly pubs and B & B’s to campsites. Why not make a short break of your visit and attend more than one walk. Derbyshire offers a wide range of Quality Assured accommodation – look for the Walkers Welcome sign for special facilities. www.visitambergvalley.co.uk

Please be advised walkers may be taking photographs on any of the festival walks. They may be used for future publicity.
What you need to know

- Please wear suitable footwear and clothing and have a waterproof, as the weather is often unpredictable. Unfortunately, an inadequately equipped person could affect the safety and enjoyment of the whole group, so we reserve the right not to take a person who is not properly equipped.

- Dogs are allowed on some of the walks. To avoid inconvenience to other walkers or disturbance to farm animals or wildlife, please keep your dog on a lead and under control throughout the walk. There are some walks on which dogs are not permitted due to travelling through fields of cattle - see symbols against each walk.

- Most walk leaders are volunteers.
- Remember to bring along any medication you may need during the walk.
- Booking is recommended for all the walks and essential for some. We cannot guarantee being able to take you if you do not book in advance. Tel: 01629 533991 unless stated otherwise.
- All walks are circular unless stated otherwise.
- In poor weather the walk may be modified by the leader, or in extreme conditions it may be cancelled.
- On some walks a packed lunch is required, look for the symbol on each walk detail. It is always advisable to carry a drink. There may be a stop for lunch.

- Young walkers 16 and below must be accompanied by an adult.
- All those taking part do so at their own risk.
- Cars should be parked sensibly and locked with no valuables on show.
- Look for the pushchair or wheelchair symbols at the base of the walk details. Whilst many walks are not suitable for wheelchair or pushchair users, there are a number of suitable walks.
- Walks will start promptly.
- Times for the duration of the walk are an estimate and can vary according to conditions, interest shown and the numbers of walkers on the day.

Important: Grades are provided as a general guide only. If you have any doubt about your fitness for a particular walk please contact the organiser or leader in advance. You should also bear in mind the distance of the walk, regional differences in terrain and the possibility of bad weather, which can make a walk more difficult than planned. If you’re unsure of your fitness level, try a short and easy walk first: it’s much better to find a walk a little too slow and easy than to make yourself miserable and exhausted. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.

Walks grading

How easy is this walk?
Walks in this Programme are graded for difficulty as follows:

- **Easy Access**: Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: please enquire.

- **Easy**: Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Comfortable shoes or trainers can be worn.

- **Moderate**: Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.

- **Strenuous**: Walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness are advised to contact the organiser or leader in advance.

Come to the Peak District & Derbyshire and enjoy the great outdoors at one of the four superb annual walking festivals. With hundreds of walks offering a wide variety of themes, you will be spoilt for choice. Take a look at www.visitpeakdistrict.com for the October walks, Discovery Days and next year’s programme.
SATURDAY 14 SEPTEMBER

Autumn Footprints
Amber Valley and Erewash Walking Festival
Launch and Guided Walk
3 miles, Easy.

**Starting point:** Shipley Country Park Visitor Centre, Slack Lane, Heanor DE75 7GX. Grid Ref: SK 431 452.

**Start time:** 10am launch, 10.30am walk. Finish: 1pm.

Come to the launch of this excellent Walking Festival with 42 walks in 16 days. There is a guided walk after the launch which starts at 10.30am outside the Visitor Centre. This 3 mile circular walk will include information about the wildlife and history of the park. (1-5 stiles).

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Nordic Walking Taster Session
1 mile, Easy.

**Starting point:** Shipley Country Park Visitor Centre, Heanor. Meet in the first large car park on the left as you drive into the park along Slack Lane. DE75 7GX. Grid Ref: SK 431 452.

**Start time:** 10.30am. Finish: 12.30pm.

Discover the benefits of using Nordic Walking Poles. During this session you’ll get a chance to have a go at learning the original technique from one of the UK’s most experienced instructors. **BOOKING ESSENTIAL** call Catherine on 07940 575758, just tell her your height and she will provide the walking poles. (No stiles).

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St Chad’s Water Wildlife and History
2 miles, Easy.

**Starting point:** St Chad’s Water Local Nature Reserve Car Park opposite the Church, Wilne Road, Church Wilne, Draycott DE72 3QH. Grid Ref: SK 448 318.

**Start time:** 2pm. Finish: 3.30pm.

Join Long Eaton Natural History Society for a gentle stroll around St Chad’s Water taking in the wildlife and history to be found there. This will be followed by a visit to the historic church. (No stiles).
**SUNDAY 15 SEPTEMBER**

**Draycott, Ockbrook and Derby Canal**  
8 miles, Moderate.  
**Starting point:** Car park behind Draycott Fish & Chip Shop, Derby Road, Draycott DE72 3NJ. Grid Ref: SK 442 333.  
**Start time:** 10.30am. Finish: 3.15pm.  
Join Erewash Ramblers on an 8 mile walk over undulating countryside with fine views. Returning along the Derby Canal where we will see what progress has been made towards reopening. Bring a packed lunch as we will stop for a half hour lunch. (12 stiles).

**Historic Trees in Risley**  
2.5 miles, Moderate.  
**Starting point:** All Saints Church, Derby Road, Risley DE72 3SU. Grid Ref: SK 462 357. On Road parking only.  
**Start time:** 2.15pm. Finish: 3.45pm.  
We shall visit commemorative trees that have been planted in Risley. Includes an uphill stretch with views over the Trent Valley. Refreshments available at the end of the walk. (No stiles).

**MONDAY 16 SEPTEMBER**

**Codnor Castle Circular**  
7 miles, Moderate.  
**Starting point:** Codnor Market Place, High Street. DE5 9QB. Grid Ref: SK 420 497.  
**Start time:** 10.30am. Finish: 3pm.  
Join Heanor and District Local History Society for a walk through our past. See medieval remains at Codnor Castle and also remnants of our industrial heritage including canals and railways. (10+ stiles).

**Long Eaton Revealed**  
3.5 miles, Easy.  
**Starting point:** In front of Town Hall, Derby Road, Long Eaton (Offices of the Erewash Borough Council) NG10 1HU. Grid Ref: SK 491 339.  
**Start time:** 1.30pm. Finish: 4.30pm.  
Long Eaton is a more interesting place than you ever thought. This circular walk will explore the buildings, industries, incidents and people that made the town what it is. (No stiles).

**TUESDAY 17 SEPTEMBER**

**Crich Walking for Health**  
2.5 miles, Easy.  
**Starting point:** Crich Market Place bus stop, DE4 5DD. Grid Ref: SK 350 542  
**Start time:** 10.30am. Finish: 12pm.  
A scenic walk around the Crich area. (1-5 stiles).

**Why walk?**  
- For health: walking strengthens your heart, bones and muscles and helps to control your weight  
- For wealth: walking is free and will enrich your life in many ways  
- For happiness: walking improves your mood and improves mental well-being  
- For comfort: go for a walk in your local park or wood and discover how nature can reduce stress and calm your mind  
- For joy: walk with friends or join a walking group and discover just how much fun walking can be!
Risley, Dale Abbey, Stanton Circular
8 miles, Moderate.
Starting point: Village Hall, (next to Church),
Derby Road, Risley DE72 3SU. Grid Ref: SK 462 357.
Start time: 10.30am. Finish 2.30pm.
Join Risley Conservation Group for a pleasant circular
walk in the rolling countryside around Risley. (6-10
stiles). Free parking courtesy of Village Hall.

Riber & Heartstone Walk
5 miles, Moderate.
Starting point: Cemetery Gates, Church Street,
Holloway DE4 5AY. Grid Ref: SK 324 567.
Start time: 10am. Finish: 1pm.
A walk via Dethick to Riber Village and returning via
Heartstone with great views. (1-5 stiles).

Bell and Bridle
3.1 miles, Moderate.
Starting point: At Shipley Country Park Visitor
Centre, Slack Lane, Heanor DE75 7GX.
Grid Ref: SK 431 452.
Start time: 2pm. Finish: 4pm.
A walk with Heanor Walking for Health Group.
Starting from the Visitor Centre, we circle Cinderhill
and take Coppice Hill Bridleway as far as Bell Lane.
Heading towards Smalley we take the far gateway off
Bell Lane and return to the Visitor Centre along the
new bridleways. (No stiles).

Belper and Shottle
7.5 miles, Strenuous.
Starting point: AVBC Derwent Street Car Park,
Belper DE56 1UQ. Grid Ref: SK 344 474.
Start time: 10am. Finish: 2pm.
Join Amber Valley Ramblers on a scenic walk from
Belper heading west over rolling hills and farmland
around the Shottle area. The walk passes over
streams and through ancient woodland, a few short
sharp climbs. (15 stiles). Children are welcome but
please be aware of the distance and terrain of this
walk. Dogs are welcome but must be kept on a lead
at all times.

WEDNESDAY 18 SEPTEMBER

Simon’s Walk - Horsley Woodhouse &
Horsley
2.5 or 3 miles, Moderate.
Starting point: Church Hall, (next to Primary School),
Main Street, Horsley Woodhouse DE7 6AS.
Grid Ref: SK 396 448.
Start time: 9.45am. Finish: 11.45am.
Join Horsley Woodhouse Walking for Health on a
circular walk along footpaths and through the golf
course to Wood Lane. Returning to the Church Hall for
refreshments. Those who prefer a shorter walk (2.5 miles)
can complete part of the walk and then return.
(1-5 stiles).

THURSDAY 19 SEPTEMBER

Smalley, Common, Woodside &
Brackley Gate
6 miles, Moderate.
Starting point: Derby bound Layby off A608 near
Morley Hayes Golf Club DE7 6DG.
Grid Ref: SK 397 423.
Start time: 10.30am. Finish: 2.15pm.
Join Erewash Ramblers on a 6 mile walk over
undulating countryside with some gentle climbs with
fine views. Bring a packed lunch as we will stop for a
half hour lunch. (10 stiles).
Nordic Walking Taster Session
1 mile, Easy.

Starting point: Rutland Sports Park, West End Drive, Ilkeston DE7 5GH. Grid Ref: SK 459 416.
Meet in reception.
Start time: 11.45am. Finish: 12.45pm.

Join Rachel to find out how Nordic Walking can turn your walk into a workout. With this first technique lesson, you can discover the many health benefits of Nordic Walking, including increased calorie burn, improved posture and walking gait, reduced neck and shoulder tension to name a few. Booking essential call Rachel on 07508 841364, just tell her your height and she will provide the walking poles. (No stiles).

A Step Through Time: Ilkeston
2.5 miles, Easy Access.

Starting point: Erewash Museum, High Street, Ilkeston DE7 5JA. Grid Ref: SK 466 418.
Start time: 1pm. Finish: 2.30pm.

Join volunteers from Erewash Museum to take a step back in time and discover the hidden history of this small market town. Likely founded in the 6th century, Ilkeston has a rich and often unknown history, which this walk will introduce you to. (No stiles). Optional refreshments available afterwards at the Museum café.

FRIDAY 20 SEPTEMBER

Ripley via Waingroves
4.5 mile, Moderate.

Starting point: Cromford Road Car Park, Ripley DE5 3FT. Grid Ref: SK 396 505.
Start time: 10am. Finish: 12.30pm.

A pleasant walk from the centre of Ripley out along the Greenway, to include a circuit of Waingroves Community Woodland before returning to town. (1-5 stiles). Dogs are welcome but must be kept on a lead at all times.

Family Wellbeing Evening Safari
2 miles, Easy.

Starting point: Mapperley Reservoir Car Park, Mapperley DE7 6BR. Grid Ref: SK 435 436.
Start time: 5pm. Finish: 7pm.

We will walk a loop of 1.5 – 2 miles around Mapperley Wood and through Woodside Farm. We will pass the giant animal wooden sculpture trail and stop along the way to do activities that explore our five senses. We will stop to notice wildlife and farm animals that live in the area and rest at the log circle to light a camp fire. This walk is suitable for families with children aged 5+. (1-5 stiles).

BOOKING ESSENTIAL call 01629 533991.

SATURDAY 21 SEPTEMBER

Ripley Urban Walk
4 miles, Easy.

Starting point: Outside Ripley Town Hall, Market Place, Ripley DE5 3BT. Grid Ref: SK 398 505.
Start time: 10am. Finish: 12.15pm.

A walk around Ripley including Butterley Reservoir and Carr Wood. (No stiles).

The Young People’s Forest - Guided Walk
3 miles, Moderate.

Starting point: Shipley Country Park Visitor Centre, Slack Lane, Heanor DE75 7GX. Grid Ref: SK 431 452.
Start time: 10am. Finish: 12pm.

Explore the Woodland Trust’s Young People’s Forest before 250,000 trees are planted over the coming years, with a guided walk comparing how the site used to appear, its current state and plans for the future. A combination of grassed walks and paths with one steeper incline which can be taken slowly. (No stiles). The walk will return to Visitor Centre where there is the option of taking refreshments at the café.
**A Step Through Time: Ilkeston**

2.5 miles, Easy Access.

**Starting point:** Erewash Museum, High Street, Ilkeston DE7 5JA. Grid Ref: SK 466 418.
**Start time:** 1pm. Finish: 2.30pm.

Join volunteers from Erewash Museum to take a step back in time and discover the hidden history of this small market town. Likely founded in the 6th century, Ilkeston has a rich and often unknown history, which this walk will introduce you to. (No stiles). Optional refreshments available afterwards at the Museum café.

**Quarndon Heights**

5.5 miles, Moderate.

**Starting point:** The Weston Centre, Tamworth Street, Duffield DE56 4ER. Grid Ref: SK 343 434.
**Start time:** 2.15pm. Finish: 5.15pm.

This circular walk takes in part of the Ecclesbourne Valley from Duffield and up a gentle climb on a good farm track towards Quarndon. We continue along a country lane before winding through the back of housing before breaking out again into open fields. Pause here for a while, (bring a hot flask and light snack), to gaze over the Derwent Valley and study the Quarndon Millennium toposgraphic circle and finally descend over fields to return to Duffield. (1-5 stiles). Dogs are welcome but must be kept on a lead at all times as some fields may contain sheep.

**Bennerley Viaduct “Skywalk”**

3 miles, Moderate.

**Starting point:** Ilkeston Town Football Ground Car Park, New Manor Ground, Awsworth Road, Ilkeston DE7 8JF. Grid Ref: SK 469 431.
**Start time:** 11am. Finish: 1.30pm.

Come and learn some fascinating history of Bennerley Viaduct and enjoy magnificent views of the Erewash Valley on this guided walk. Experience the magnificent monument to our industrial past and learn about the exciting plans to bring the viaduct back in use as a walking and cycling trail. This event will include walking across the deck of the viaduct 60 feet above the Erewash Valley. Access to the deck and descent from the deck is via steep banks. There will be a hand rope to help keep your balance. (No stiles). Parking courtesy of Ilkeston Town Football Club. BOOKING ESSENTIAL call 01629 533991.

**“What’s Left in Langley Mill?”**

2 miles, Easy.

**Starting point:** Langley Mill Canal Basin, next door to Great Northern Public House, Derby Road, Langley Mill NG16 4AA. Grid Ref: SK 454 471.
**Start time:** 2pm. Finish: 4pm.

Join Heanor and District Local History Society for a guided walk through Langley Mill to see what remains of it’s past. (No stiles).

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**SUNDAY 22 SEPTEMBER**

**In the Footsteps of the Pentrich Rebels of 1817: (Ambergate)**

6 miles, Moderate.

**Starting point:** Ambergate Rail Station Car park, DE56 2EN. Grid Ref: SK 349 516.
**Start time:** 10.30am. Finish: 3pm.

This walk follows in the footsteps of the rebels in 1817, passing places where the Rising was planned and where rebels visited on the march to Nottingham. As usual we will be telling stories about the Pentrich Revolution and its aftermath. The walk is hilly in places though, moderate overall passing through pleasant farmland in the beautiful Amber Valley. (10+ stiles).

**MONDAY 23 SEPTEMBER**

**Nordic Walking Taster Session**

1 mile, Easy.

**Starting point:** Shipley Country Park Visitor Centre, Heanor. Meet in the first large car park on the left as you drive into the park along Slack Lane. DE75 7GX. Grid Ref: SK 431 452.
**Start time:** 9.30am. Finish: 10.30am.

Join Rachel to find out how Nordic Walking can turn your walk into a workout. With this first technique lesson, you can discover the many health benefits of Nordic Walking, including increased calorie burn, improved posture and walking gait, reduced neck and shoulder tension to name a few. BOOKING ESSENTIAL call Rachel on 07508 841364, just tell her your height and she will provide the walking poles. (No stiles).
Old Hall Loop
3.5 miles, Easy.

Starting point: Victoria Leisure Centre, Manners Road, Ilkeston DE7 8AT. Grid Ref: SK 462 423.
Start time: 10.15am. Finish: 11.45am.

Join the Monday Strollers walking from the Leisure Centre down towards the golf course and through Rutland Recreation Ground to the Old Hall and Beauty Spot. Return via the Nutbrook Trail and a steady climb alongside Pewit Golf Course. (No stiles).

Circular Theme Park
3 miles, Moderate.

Starting point: At Shipley Country Park Visitor Centre, Slack Lane, Heanor DE75 7GX. Grid Ref: SK 431 452.
Start time: 2pm. Finish: 4pm.

Join Heanor Walking for Health Group for a circular walk around the former American Adventure site, currently under re-development and see signs of the area’s industrial heritage. (No stiles).

Locko Grange, Dale Abbey & Bartlewood
7 miles, Moderate.

Starting point: Bluebell’s Ice Cream Parlour, Brunwood Farm, Nr Locko Park DE21 7AR. Grid Ref: SK 406 374.
Start time: 10.30am. Finish: 3pm.

Join Erewash Ramblers on a 7 mile walk over undulating countryside. Some gentle climbs with fine views. Bring a packed lunch as we will stop for a half hour lunch. (15 stiles). Free parking in grass field courtesy of Brunwood Farm – drinks and refreshments available at start and finish.

TUESDAY 24 SEPTEMBER

Holbrook and Derwent Valley Walk
6 miles, Moderate.

Starting point: Spotted Cow Inn, 12 Town Street, Holbrook DE56 0TA. Grid Ref: SK 365 449.
Start time: 10am. Finish: 1.30pm.

A circular walk from Holbrook along Duffield Bank through Manor Quarry and down through the fringes of Little Eaton. Returning via Coxbench and the Dumble. Local history will be highlighted including Peckwash Mill and the railways. Beautiful views and pleasant footpaths through fields, some with cattle. Refreshments will be available at Spotted Calf Café and Spotted Cow Inn at beginning and end of walk. (6-10 stiles). Limited free parking at Spotted Cow by kind permission of Landlord or road parking.

WEDNESDAY 25 SEPTEMBER

Crich Mineral Railway Walk
4 miles, Moderate.

Starting point: Crich Market Place bus stop, DE4 5DD. Grid Ref: SK 350 542.
Start time: 10am. Finish: 12.30pm.

A walk following the Crich Mineral Railway from Quarry to limekiln returning by Cromford Canal. (1-5 stiles).
Duffield, Turnditch & Windley
7 miles. Strenuous.

Starting point: Layby near Puss in Boots, Wirksworth Road, Duffield DE56 4AQ.
Grid Ref: SK 320 446.
Start time: 10am. Finish: 2pm.

Join Amber Valley Ramblers on a walk through the villages of Turnditch and Windley and including a stretch of the Ecclesbourne Way alongside the river. Mostly farmland towards the Amber Valley western boundary. (15 stiles). Children are welcome but please be aware of the distance and terrain of this walk. Dogs are welcome but must be kept on a lead at all times.

Bennerley Viaduct "Skywalk"
3 miles. Moderate.

Starting point: Ilkeston Football Club Ground Car Park, New Manor Ground, Awaysworth Road, Ilkeston DE7 8JF.
Grid Ref: SK 469 431.
Start time: 11am. Finish: 1.30pm.

Come and learn some fascinating history of Bennerley Viaduct and enjoy magnificent views of the Erewash Valley on this guided walk. Experience the magnificent monument to our industrial past and learn about the exciting plans to bring the viaduct back in use as a walking and cycling trail. This event will include walking across the deck of the viaduct 60 feet above the Erewash Valley. Access to the deck and descent from the deck is via steep banks. There will be a hand rope to help keep your balance. (No stiles). Parking courtesy of Ilkeston Town Football Club. BOOKING ESSENTIAL call 01629 533991.

Breaston Macmillan Walk
4.5 miles. Easy.

Starting point: Breaston Parish Council Rooms, Blind Lane, Breaston DE72 3DW. Grid Ref: SK 461 336.
Start time: 10.30pm. Finish: 1.30pm.

A circular walk along part of the Coffin Walk to Draycott. This will include a visit to Lime Grove, for coffee/tea and homemade cakes for The World’s Largest Coffee Morning in support of Macmillan Charity - donations welcome. Return through fields and canal path. (1-5 stiles). Free parking on Stevens Lane and surrounding streets.

Homage to the Canary Girls
8 miles. Moderate.

Starting point: Trent Lock Car Park, Lock Lane, Sawley NG10 2FY. Grid Ref: SK 489 313.
Start time: 10am. Finish: 3pm.

A flat circular walk mainly along the river bank. This walk commemorates 101 years since the devastating explosion at Chilwell Munitions factory which killed 134 and injured 250. Many of the workers were female and known locally as “Canary Girls” due to the fact their skin turned yellow when working with the chemicals. Bring a packed lunch, although there will be a stop at Attenborough Visitor Centre, so opportunity to buy refreshments on the route. (1-5 stiles).

Hudson’s Garden Centre (formerly Ecclesbourne) via Newlands
5 miles. Moderate.

Starting point: Hudson’s Garden Centre (formerly Ecclesbourne), Wirksworth Road, Duffield DE56 4AQ.
Grid Ref: SK 328 440.
Start time: 10am. Finish: 12.45pm.

A circular walk out along the Centenary Way with good views over the Ecclesbourne Valley to Newlands. We return via Ecclesbourne Valley crossing both the river and the Railway twice. (6-10 stiles). Dogs are welcome but must be kept on a lead at all times. Free parking at Garden Centre by kind permission of the owners. Please park neatly to the rear of the car park.
Lea, Dethick & Holloway
7.5 miles, Strenuous.

Starting point: Whatstandwell Rail Station, Derby Road DE4 5EE. Grid Ref: SK 333 541.
Start time: 10.00am. Finish: 3.30pm.

Take a walk through picturesque countryside surrounding the quaint villages of Lea, Dethick and Holloway. Visit the home village of famous historical figures such as Florence Nightingale and Sir Anthony Babington. Enjoy stunning views across Derbyshire and the Derwent Valley. (15+ stiles).

Family Wild Wellbeing Safari
2 miles, Easy.

Starting point: Mapperley Reservoir Car Park, Mapperley DE7 6BR. Grid Ref: SK 435 436
Start time: 10.30am. Finish: 12.30pm.

We will walk a loop of 1.5 – 2 miles around Mapperley Wood and through Woodside Farm. We will pass the giant animal wooden sculpture trail and stop along the way to do activities that explore our five senses. We will stop to notice wildlife and farm animals that live in the area and rest at the log circle to light a camp fire. This walk is suitable for families with children aged 5+. (1-5 stiles).
BOOKING ESSENTIAL call 01629 533991.

SATURDAY 28 SEPTEMBER

Holloway Countryside Walk
4 miles, Moderate.

Starting point: Cemetery Gates, Church Street, Holloway DE4 5AY. Grid Ref: SK 324 567.
Start time: 10am. Finish: 12.30pm.

A walk over fields to Wakebridge and down through “Stig of the Dump” country and Cromford Canal. (No stiles).

Shardlow Port, Revolution in Transport
8 miles, Moderate.

Starting point: Trent Lock Car Park, Lock Lane, Sawley NG10 2FY. Grid Ref: SK 489 313.
Start time: 10am. Finish: 3pm.

A circular generally level walk around Long Eaton and Shardlow. There will be a stop at café/pub for you to purchase refreshments or bring a packed lunch with you. (1-5 stiles). Children are welcome but please be aware of the distance and terrain of this walk.

SUNDAY 29 SEPTEMBER

A Walk through parishes along the Derwent Valley
10.5 miles, Strenuous.

Starting point: Lea Gardens, Long Lane, Lea DE4 5GH. Grid Ref: SK 324 575.
Start time: 10am. Finish: 4pm.

Join Amber Valley Ramblers for a 10.5 mile walk from Lea to Riber for views over Matlock. Then walk through the woods down to Lea Bridge. We will continue down the Derwent Valley towards Whatstandwell. Finally go up to Crich and back to Lea via Shuckstones. (10+ stiles). Dogs are welcome but must be kept on a lead at all times. Street parking on lane outside Lea Gardens.

2 Canals and 2 Golf Courses
8 miles, Moderate.

Starting point: Sandiacre Library, Doncaster Avenue, Sandiacre NG10 5FJ. Grid Ref: SK 479 366.
Start time: 10.30am. Finish: 3pm.

Join Erewash Ramblers on this 8 mile walk over undulating countryside with fine views over Stanton by Dale and Risley. A chance to see progress made towards opening Sandiacre Lock. Bring a packed lunch as we will stop for a half hour lunch. (15 stiles).
Getting here and getting around

Public Transport
Leave the car behind and relax and enjoy the scenery using the extensive network of bus and rail services operating throughout Amber Valley and Erewash. Travelling by bus or train enables you to plan a linear walk – travelling one way by public transport and walking the other.

By Rail
Many parts of the country have direct rail services to Derby and Nottingham, providing connections to local train services. Alfreton and Langley Mill stations are served by trains from Nottingham, Chesterfield and Sheffield. Long Eaton is served by frequent services from Derby and Nottingham.

Duffield, Belper, Ambergate, Whatstandwell stations are on the Derwent Valley Line with hourly trains from Derby, Long Eaton, Nottingham and Matlock. The Derwent Valley Line provides access to numerous scenic walks including the Cromford Canal between Ambergate, Whatstandwell and Cromford and The Chevin above Belper. For a copy of ‘your guide to the Derwent Valley Line’ and further information visit www.scenicrailbritain.com/derwentvalleyline or call Rail enquiries: 03457 484950.

By Bus
Local bus services enable you to get around many of the Festival locations. For bus times call Traveline on 0871 200 22 33.

By Car
From the north and south, the M1 runs parallel to the eastern boundary with access at junctions 25, 26, 27 and 28. The A6 gives access to major trunk roads via the A52 and the area is crossed by the A38.

A big thank you to all our Walk Leaders
This Walking Festival has been made possible by the involvement of many local groups and the dedicated individuals who lead and act as back up for the walks. Our thanks go to all of them, and to the organisations who have supported the Festival with funding or help in kind.

Amber Valley Walking for Health
jayne.stallion@ambervalley.gov.uk
Amber Valley Borough Council www.ambervalley.gov.uk
Amber Valley Tourism www.visitambervalley.co.uk
Breacks Council www.breachescouncil.co.uk
Derbyshire County Council Countryside Service – Shipley Country Park www.derbyshire.gov.uk
Derbyshire County Council Rights of Way www.derbyshire.gov.uk
Derbyshire Wildlife Trust www.derbyshirerlifetrust.org.uk
Duffield Walking for Health www.walkingforhealth.org.uk
Erewash Borough Council www.erewash.gov.uk
Erewash Museum www.erewashmuseum.co.uk
Friends of Bennerley Viaduct www.friendsofbennerleyviaduct.wordpress.com
Groundwork Greater Nottingham www.groundwork.org.uk/sites/nottingham
Heanor & District Local History Society www.heanorhistory.org.uk
Heanor Walking for Health www.walkingforhealth.org.uk
Holbrook Parish Councill www.holbrookderbyshire.co.uk
Horsley Woodhouse Walking for Health www.walkingforhealth.org.uk
John and Viv Aram
Long Eaton Natural History Society www.lensweb.wordpress.com
Nordic Walking (Midlands) www.midlandsnordicwalking.org
Pentrich and South Wingfield Revolution Bicentenary Group www.facebook.com/pentrichrevolution
Peter Fox
Rambler Association – Amber Valley Group www.ambervalleyramblers.org.uk
Rambler Association – Erewash Group www.erewashramblers.org.uk
Ridley Conservation Group
Ridley with Hopwell Parish Council www.ridleywithhopwellpc.org.uk
Woodland Trust www.woodlandtrust.org.uk

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