Come along and find out what community groups and organisations are available in the Erewash area including community groups with trained Mental Health Champions.

Find out about volunteering opportunities.

Have a go at a creative activity.

Drop in anytime during the afternoon - no need to book

Enjoy a cup of tea or coffee, cake, biscuits and fresh fruit.

EVERYBODY IS WELCOME!

For further details contact Catriona Paterson - Development Worker
Erewash Voluntary Action, Granville Avenue, Long Eaton, NG10 4HD
Tel: 0115 9466740. Email: catriona@erewashcvs.org.uk